

Cascade County Mental Health Local Advisory Council



Minutes
Monday July 1, 2019
Largent Center - McFadden Room
915 1st Ave. South
3:00 pm -5:00 pm



Members Present: Amee Ellsworth, Jane Wilson, Shawn Matsko, Linda Daggett, Gayle Snyder, Tom Osborn, Robert Moccasin, Ginny Carnes, Greg Tilton

Guests Present: No guests were present.

Call to Order: The meeting was called to order at 3:07 PM by Jane Wilson, Vice Chair, and introductions were made. Aimee arrived shortly after that to chair the meeting.

Minutes from June 3, 2019: The June Minutes approved with one minor correction.

Treasurer's Report : Shawn presented the Budget Report. There were no changes to the account and \$4,127.92 are the available funds in County account.

Old Business

1. Report on cost of Dan Clark facilitating strategic planning- Jane Wilson reported:

- Jane Weber did contact Dan Clark and he is available September 9th and 10th. His fee for the facilitation is \$1,200 and \$300 for per diem for travel costs for a total of \$1,500.
- There was discussion about other possible facilitators, but Dan Clark seemed to be the best fit for this particular time, especially since he is familiar with County boards.
- *Tom made a motion to hire Dan Clark to facilitate our strategic planning session for a total of \$1,500 and Robert seconded the motion. Motion passed.*
- Jane reported that CSAA (Central Service Area Authority) has made available to LAC's mini-grant funding for activities such as strategic planning and it is fairly simple to apply.
- *Gayle made a motion to apply for a \$2,000 CSAA mini-grant to cover the cost of the facilitator and the food and incidental costs. The motion was seconded by Ginny and the motion passed.*
- The budget for the strategic planning session is \$1,500 for the facilitation and \$500 for food and extras.

2. Stand Down Table-LAC Brochure, Survey, Community Resource Guide- Jane Wilson reported:

- The Committee (Greg, Jodi, Jane) met. They identified volunteers who might be willing to man the table in addition to them.
- Informational materials will be needed. Linda will contact Mental Health America to ask for mental health brochures, The Suicide Prevention Committee has materials (Greg?).
- Jane Wilson will look into getting an LAC brochure printed. There is a template on the State AMDD website's LAC toolkit.

- Copies of the Community Resource Guide should be made available at the Stand Down table but needs to be updated and reprinted. Linda will email the electronic copy of the 2016 Resource Guide to Amee and she will try to get it updated.
- Suggestion: A survey of mental health stakeholders would be helpful for strategic planning. This could be utilized at the Stand Down in addition to sending it out to a larger email list. Jane will look into using Survey Monkey possibly using County or City resources to accomplish that. The Committee will meet again to work on the materials and the survey.
- *Ginny made a motion to table the decision to purchase printing materials and a survey for the Stand Down until the August meeting. Jane seconded the motion and the motion passed.*

New Business

1. County/Tribal Matching Grants for jail diversion and crisis services- Jane Wilson
 - Matching grants are available from the State for helping divert State Hospital admissions.
 - These are matching grants for tribal and counties.
 - There is a short turn-around time for getting these grants applications (30 days) in at this point, so it may be hard to accomplish.
 - The County needs to be the primary applicant and the grants may be a good fit for the pre-trial services the County is already undertaking.
 - Jane Wilson will get a Request for Proposal from Jane Weber to see if the County is interested in applying.

Standing Committee Reports

1. Executive Committee – no report this time.
2. Suicide Prevention Committee: Greg reported:
 - The Committee leadership is meeting the first hour of the regular meeting time to clarify objectives and plan strategically. The second hour of the meeting is open to the general members. They are exploring the role of public health in suicide prevention.
 - Greg attended a State conference on suicide prevention focusing on Veterans. One new program is Man Therapy and been successful to increase treatment seeking in white males, the largest suicide demographic. State and National leaders presented during the session and it appears that there is a reduction in Montana suicides this year.
 - The Committee is participating in many projects and activities promoting mental health: Brush Crazy and A Brilliant Thing play to name a few.
 - Going forward, it was requested that Greg provide a written report and email it prior to the meeting to clarify the information and be able to reference it later.

Representative Reports

1. Update on Crisis Services: Crisis Steering Committee, Response Team, CIT- No report at this time.
2. Media and Communication update-
 - Jane reported that she hasn't contacted the person from the City to help with online visibility and Facebook but still plans to do so.
 - Greg recommended the book *Stand Out*. It is a podcast how-to used as a good tool for reaching out.
3. CSAA report- Jane reported:
 - The Congress on June 21st was attended only by the leadership/officers and there were no general members in attendance. There was no notice of the meeting consequently there were no elections of new officers, the same officers will serve for now.
 - The future of the CSAA was discussed in light of the Medicaid Expansion and many other changes that effects the outlook of the objectives that were formed many years ago. The statue that created the CSAA is obsolete.

- A strategic planning session is being considered to re-invent the mission to increase the support for LACs, change the statue and possibly have it ready for consideration at the next legislature.
- The CSAA does receive \$50,000 each year to support the LACs.

Community Reports/Announcements from Board Members:

Montana PEER Network- Ginny reported that there is a Forensics Peer Support class in Helena July 29-31st and she plans to attend. She has limited information on a proposed performance by Supaman to benefit the State hospital. She will email Ameer with more information on this activity.

Benefis- Ameer reported that the hospital behavioral health unit has kicked off tele-psychiatry visits with good results. This expands tele-health services to isolated areas of the State, serving rural Montana. Their Medically Assisted Therapy Clinic had a SAMSHA (Substance Abuse and Mental Health Services) grant to start the clinic and they have achieved the goal to request to continue the clinic. There as a 93% improvement rate in patients that are served.

Public Comment There was no public comment.

Adjourn The meeting was adjourned by Ameer Ellsworth, Chair, at 4:35 PM
Next Meeting: August 5, 2019

Ameer Ellsworth, Chair

Date _____